



HIDDEN POND
kennebunkport

We've partnered with Kennebunkport Recreation to offer our guests a Coastal Learning Experience this fall.

To book an experience please call 207-967-4304 to register your group.

Must register with 24 hours of advanced notice. Cancellations require 24-hour notice. Any cancellation after 24 hours will not receive a refund

Coastal Foraging Series

Choose an adventure that interests you most!

(These excursions are dependent on high and low tide, so it is important to be on time.)

Available*: *Thursday, September 24th at 10:15 a.m. | Wednesday, September 30th at 4 p.m. | Thursday, September 10th at 8:45 a.m. | Friday, October 9th at 9:30 a.m. | Monday, October 12th at 12:30 p.m. | Wednesday, October 14th at 2 p.m. | Wednesday, October 21st at 8:30 a.m. | Thursday, October 22nd at 8:45 a.m. | Monday, October 26th at 1 p.m.*

*All available time slots are on a first come first serve basis

<p style="text-align: center;">Goose Rocks Beach edible seaweed foraging</p> <p>Explore hidden coves and learn how to harvest and preserve edible seaweeds as well as make gomasio, a delicious seasoning for soups, salads, scrambled eggs, and a variety of other meals. If you are an adventurous eater, you will also have a chance to harvest and go home with your very own marine escargots!</p> <ul style="list-style-type: none"> • WHAT TO BRING: You will get wet on this trip. Please plan to bring sturdy water shoes, clothes that can get wet, a jacket, hat, water, and a towel. • MEET AT: Parking is available at The Tides Beach Club. Carinne will met you here. • HOW LONG: 2-hour trip • WHO: 2-4 guests • COST: \$399 	<p style="text-align: center;">Local clam harvest and bake <i>(For Hidden Pond and Tides hotel guests only)</i></p> <p>Take in the scenery and learn how to harvest and dissect our local, edible, surf and hard-shell clams. After, return to Hidden Pond to cozy up next to a fire as we turn your harvest into a delicious fire-cooked meal.</p> <ul style="list-style-type: none"> • WHAT TO BRING: Please plan to bring sturdy water shoes, clothes that can get wet, a jacket hat, water, and a towel. • MEET AT: Parking is available at The Tides Beach Club on Goose Rocks Beach. Carinne will met you here. • HOW LONG: 3-hour trip • WHO: 2-4 guests • COST: \$499 	<p style="text-align: center;">Tide Pooling at Vaughn's Island, Cape Porpoise</p> <p>It is amazing to think that as the tide moves out, a whole new world is created along the rocky coastline. This is your chance to be hands on with the amazing creatures that live in the intertidal zone.</p> <ul style="list-style-type: none"> • WHAT TO BRING: You will get wet on this trip. Please plan to bring sturdy water shoes, clothes that can get wet, a jacket, hat, water, and a towel. • MEET AT: Park in the small dirt lot at the end of Turbat's Creek Rd. Carinne will be here to meet you. • HOW LONG: 2-hour trip • WHO: 2-4 guests • COST: \$399. Equipment included.
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Saturday Coastal Foraging Series

Available*: *Saturday, September 26th* at 1 p.m. | *Saturday, October 3rd* at 8:30 a.m. | *Saturday, October 10th* at 11 a.m. | *Saturday, October 24th* at 12 p.m.

*All available time slots are on a first come first serve basis

Tide pooling at Vaughn’s Island

It is amazing to think that as the tide moves out, a whole new world is created along the rocky coastline. This is your chance to be hands on with the amazing creatures that live in the intertidal zone.

- **WHAT TO BRING:** You will get wet on this trip. Please plan to bring sturdy water shoes, clothes that can get wet, a jacket, hat, water, and a towel.
- **MEET AT:** Park in the small dirt lot at the end of Turbat’s Creek Rd. Ari will be here to meet you.
- **HOW LONG:** 2-hour trip
- **WHO:** 2-4 guests
- **COST:** \$399. Equipment included.

Seaweed Pressing

Naturalists have been pressing seaweed for a long time to learn about the form and diversity of organisms and to create art pieces of curiosity and beauty. Take an exploratory walk to find various seaweed species for collection and pressing.

- **WHAT TO BRING:** You will get wet on this trip. Please plan to bring sturdy water shoes, clothes that can get wet, a jacket, hat, water, and a towel.
- **MEET AT:** The south end of Gooch’s Beach. Ari will be here to meet you. Participants will press their specimens at Oaks Neck near the fire pits.
- **HOW LONG:** 2-hours
- **WHO:** 2-4 guests or a full family
- **COST:** \$399

Saturday October 31st Halloween Special:

Fire Roasted Pumpkin, Arugula, and Goat Cheese Salad!

In this very special Halloween course, participants will learn how to roast a whole pumpkin over an open fire and use the end product to create a delicious fall treat: a fire roasted arugula and ghost cheese salad that is perfect for sharing at any fall party!

- **WHAT TO BRING:** Dress warm and wear clothes you don’t mind getting smoky!
- **MEET AT:** Hidden Pond at 10 a.m.
- **HOW LONG:** 2.5 hours
- **WHO:** 2-4 guests or a full family
- **COST:** \$399. All ingredients included.

Kayak tour of the Cape Porpoise Harbor Islands

Explore the Cape Porpoise Harbor Islands and hear tales of shipwrecks, battles, heroic adventures, and a rich history of fishing and lobstering. After, warm up with a hot beverage by a fire on Trott Island.

- **WHAT TO BRING:** Please plan to bring sturdy water shoes, clothes that can get wet, a jacket, hat, water, and a towel.
- **MEET AT:** Please park at the causeway off Pier Rd. As you round the corner, you will see a small dirt lot on the left. Carinne will be here to greet you.
- **HOW LONG:** 3-hour trip
- **WHO:** 2-4 guests
- **COST:** \$499

Available*: *Thursday, October 1st* at 10:15 a.m. | *Monday, October 5th* at 12 p.m. | *Wednesday, October 7th* at 1:45 p.m. | *Thursday, October 15th* at 9 a.m. | *Monday, October 19th* at 12 p.m.

*All available time slots are on a first come first serve basis